



October 2010

Almond-Bancroft Welcomes New Staff

October Dates To Remember

- 10/5- P.I.E. Meeting
5:30 pm
Elem. LMC
- 10/10-Eagle Booster Club Meeting
7:00 pm
- 10/20-Board Of Education Meeting
6:30 pm
Board Room
- 10/11-Friends of Music Meeting
6:30 pm
HS Band Room
- 10/25-Town Hall Meeting 6:30 pm
Auditorium
- 10/28-No School
- 10/29-No School

ATTENTION

If your child is absent from school, please call the Attendance Office at 366-2941 extension 108 **before 9:00 a.m.**

AUSENCIAS

Si su hijo(a) esta ausente usted es responsable de llamar la Escuela de Almond Bancroft antes de las **9:00 a.m.** al 715-366-2941 Ext.: 311



STUDENT TEACHER

We welcome Mrs. Christine Mechenich to our middle and high school science classes where she will complete her student teaching requirements during first semester. Mrs. Mechenich has done previous work with UWSP at the Central Wisconsin Groundwater Center as a public educator. She brings knowledge and experiences from her work there as a scientist and teacher. We are happy to have her with us! She will be assisting in teaching high school biology courses, as well as middle school Science 6 and Life Science 7. Mrs. Mechenich lives in Stevens Point with her husband Dave and has two grown sons.



CUSTODIAL STAFF

Amanda Betro is a new addition to Almond-Bancroft custodial staff. Amanda is lives in Plainfield and has two children. She enjoys canoeing, volleyball, and spending time with her family. If you are in the building during athletic events please welcome Amanda to our school.



AMERICORPS

Jen Schomer is Almond-Bancroft's Americorps worker for 2010-11. Jen is a graduate of UWSP with a degree in Family and Consumer Science Education and Health Education. She has been teaching in Adams-Friendship for the past three years and is working towards earning a Master's degree in Human and Community Resources from UWSP. Jen will be running the After Hours Center, adult education classes, help to find volunteers, and setting up service learning and teen leadership opportunities.



FOOD SERVICE ASSISTANT COOK

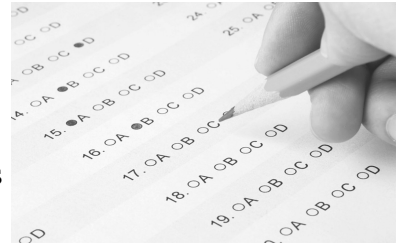
We welcome Teresa Gutke to the Almond-Bancroft Food Service Program. Teresa started at the beginning of the school year as our assistant cook. She lives in Almond with her husband Kurt. They have three grown children who graduated from Almond-Bancroft. Teresa's pleasant attitude and smile are a welcome addition to our school.

Secondary Counselor News: *From the Desk of Ms. Spencer*

Students/Parents of Sophomores:

Once again this year, all our sophomore students will be taking the PLAN test. This test is an ACT preparation test, which is a predictor of success on the ACT, an early indicator of college readiness, and a tool to help students explore careers that match their interests. The testing process went well last year, and the students found their results helpful. All 10th grade students will be taking PLAN on October 7th this year during hours 1-4.

If you have any questions, please contact Sarah Spencer, 6-12 School Counselor, at 366-2941 ext. 414.



University Bound Juniors & Seniors:

You have the opportunity on October 22nd to travel to the University of Wisconsin – Stevens Point to visit the campus. You will learn about the admissions process, financial aid, student life, and career services. You will also go on a campus tour, which includes a mini-session on housing and an in-depth look at a residence hall. Even if you may not be interested in attending UW-Stevens Point, this would be a great chance for you to visit a Wisconsin 4-year University. A sign-up announcement will be made a week prior to the event. If you have any questions, please contact Sarah Spencer, 6-12 School Counselor, at 366-2941 ext. 414.



Elementary Counselor News: *From the Desk of Mrs. McDonald*

What Is G.I.F.T.S.?

Our school has a unique developmental guidance program called G.I.F.T.S. (Giving Individuals Freedom To Succeed). You might hear it called classroom guidance as well. It is just part of a total PreK-12 School Counseling Program that is based on the Wisconsin Comprehensive School Counseling Model [WCSCM] & American School Counseling Association National Model.

Each year, we will focus on three character traits that we believe are necessary to create a safe learning environment and positive school climate. The traits we will be exploring this year are:

Respect-----Responsibility-----Resolution

In addition to working with the GIFTS program, the elementary counselor is also available for individual and group counseling which may focus on topics such as: self-esteem, peer relationships, family change, grief and academic success. Referrals for individual or group counseling may come from parents, teachers and students themselves. If you feel that your child could benefit from school counseling services or you have questions about the G.I.F.T.S. program, please call me at 366.2941.121. You can also visit my school web page at <http://www.abschools.k12.wi.us>. Click on: "Administrative Staff" and then "Elementary Counselor."



Friends Of Music News

The Friends of Music will be having their monthly meeting on Monday October 11, 2010 at 6:30 p.m. in the band room. All parents and community members are welcome to come!



Summer & September LMC Donations

The LMC thanks the following groups and individuals for their donations to the Almond-Bancroft School LMC: **the Schude family** (Turkey and *Turkey Hunting* magazines), **Art Pagel** (box of science videos), **Chris Lane** (Native American & African American folktales), **the Mather family** (science books & magazines), **Dawn McDonald** (professional books for teachers), **Mickey Van Ert** (some *Hardy Boys* novels & British magazines), **Avery Faehling & Nicki Hunt** (*Farm & Ranch* magazines), **Jolene Dorgan** (a hardcover set - *Encyclopedia of Flags*), **Brenda Ramczyk** (*National Geographic* magazines), **the Stuebs family** (romance books for the high school), **Jane Buckenberger** (large assortment of paperbacks for the elementary and middle school students), **Lisa Vann** (books & magazines), **Ms. Mills & the High School Yearbook Staff** (yearbooks for the LMC), **Leslie Burns** (women's magazines), **Danielle Manock** (a boxful of *Franklin* and also *Magic Schoolbus* videos), and **Scott & Lynn Hintz** (2 big boxes of magazines - animals, sports, women's, *Highlights*, and wildlife titles).

Thank you all for your generosity! What a great way to start the school year!

Old Equipment for Sale

The LMC has some old equipment for sale: VCRs, overhead projectors, carts, and televisions. If interested, call Karin Mather at 715-366-2941 ext. 412 for more information or come to the Secondary LMC during regular school hours (between 8:10-3:20) to look at the equipment and make an offer. First come; first serve.

2010-2011/ LMC Times

The **4K and Kindergarten** rooms at the Bancroft School have classroom libraries managed by the individual teachers. There are also Easy Readers and Pre-school books kept in a special box for when the 4K students are in the Elementary LMC at Almond.

All **Students in Grades 1-5** have regularly scheduled classroom times to use the Elementary LMC each week. They also use the LMC when they are working on special projects, in reading groups, being tutored, or searching for Accelerated Reader books. Parents of elementary students should have received a letter (brought home by their children) explaining library procedures, information about overdue and lost books, and a schedule designating which days their children have scheduled library times. Except for Accelerated Readers or special circumstances, no elementary students may have more than two library books checked out at one time.

Secondary Students (Middle School and High School) use the LMC for specific research projects, to check out and return library books, to take tests, to do word processing, to work on individual assignments for specific classes, to use the computers for information or Power Point projects, and when teachers bring their entire classes to get books or do research. Middle School students also have a regular schedule to use the LMC once a week during their English classes.

If anyone has a question about the LMC, don't hesitate to contact me with a note, a phone call, or an e-mail. I welcome suggestions from parents, staff, students, and community members.

Karin Mather, LMC Director
Almond-Bancroft School LMC
1336 Elm Street
Almond, Wisconsin 54909
715.366.2941 ext. 412

"Wall Of Honor" News: From Esther Whitman

Still Supporting Our Military Personnel

Danielle Manock and Esther Whitman are still sending boxes to our soldiers in the combat zones. We have fewer boxes to send this year, we are all happy for this.

We try and send boxes once a month. Donations can be brought to the LMC for Esther to pick-up. Monetary donations are appreciated, so we can purchase items.

So far we have received donations of "pickles in a pouch" from Paradise Farms and the Almond Legion Auxiliary is paying for the postage to send the boxes. THANK YOU!

I would like to update the names on our Military Wall here at school. Please let me know, (1) if they have served their term and are no longer in the service. (2) if they are stationed stateside. (3) stationed on U.S. Bases in other countries (4) in Wisconsin (5) and of course if they are in the combat zone. You can leave me a message at school, 715-366-2941 ext. 305 or at 366-2174. Below are the list of names of military personal I have at this time:

Daniel Abundiz Iraq
Daniel Campos
Adam Dahms
Jeff Burns Wisconsin
Jerry Hutkowski Wisconsin
Chris Morter overseas
Cory O'Keefe Wisconsin
Kyle Kowalski Iraq
Kyle Turner Wisconsin
Chris Piper Wisconsin
Eric Petrusky Wisconsin

Gilbert Lorenz California
Vince Konczak
Alyse Milanowski Wisconsin
Sean O'Keefe Wisconsin
Micheal Pierce Wisconsin
Lance Sanchez Wisconsin
Larry Sanchez Iraq
Hans Schmid Wisconsin
Holly Hotchkiss overseas
Matt Clark Montana
Eugene Fosmire overseas

Anthony Eason Wisconsin
Calvin Eason Wisconsin
Steve Vanert Arizona
Dustin Walsh Wisconsin
Joe Winkleman Washington
Jon Schmacher going to Iraq
Bill Wagner going to Iraq
Jim Wasserberger Wisconsin
Emily Whitman Wisconsin
Brendan Henske Washington

Thank you for help and support.



Safety Cadet News

By: Mrs. Upton, Safety Coordinator

At this time all of the students who were interested in becoming a Safety Cadet have now memorized, recited their pledge, and have earned their belts. Every fifth grader went out for the program this year so we have a total of 35 new Safety Cadets! They were all very excited to get their orange belt and do their first duty! Now they all need to keep up their grades and good behavior so that they can stay active in the program.

Throughout the school year the Safety Cadets are invited to attend certain events. These events are all sponsored by the Portage County Sheriff's Department. Safety Cadets need to be in good standing and on active duty to participate in any of these events.

With 35 new Safety Cadets, this should be a very exciting school year!



ALMOND-BANCROFT SCHOOLS HOMEWORK HOTLINE

366-2941

Follow the Voice Prompts, homework hotline press 5.

This service is for parents and students.

This will provide students and parents the option to call the hotline to listen to a recorded message containing the homework assignments for that school day. They will be separated by MS and HS – listen to the voice prompts.

Almond-Bancroft Schools hope that this service will promote better communication between school and community, as well as parent and student.

Almond Immunization Clinic October 18

Almond Elementary School- 3:00-5:30pm

Immunizations offered include those recommended for infants and children through 18 years, including school required vaccines and seasonal flu vaccine.

Immunizations offered for adults include Tetanus/Pertussis, Pneumonia Hepatitis A and B, Measles, Mumps, Rubella (MMR), Varicella (Chicken Pox)

And HPV (Gardasil) available for males and females 11- 26 years.

Flu vaccine is not available for adults through Portage County Health Department

Hosted by Portage County Public Health Nurses.

Parent/guardian must accompany child less than 18 years old.

NO appointments are needed during this clinic time.

Vaccines are \$5.00 each except adult Pneumonia is \$40.00

Fees can be waived if unable to pay (except for adult Pneumonia)

Attention Parents

Tdap and Varicella immunization requirements have changed.

To improve protection against varicella (chicken pox) and pertussis (whooping cough) additional doses have been added to the school requirements. Students who have been current with their vaccines may now need additional vaccines to remain current.

These requirements are being phased in by school grades. **For the 2010-11 school year** the Wisconsin Student Immunization Law requires students to have completed:

- 2 doses of **varicella (chickenpox) vaccine** for students entering grades **Kindergarten, 1, 2, 6, 7, 8 and 12** in the fall of 2010.
- 1 dose of **tetanus, diphtheria and acellular pertussis vaccine (Tdap)** for students entering grades **6 through 12** in the fall of 2010.

*The Tdap vaccine is required at this time to boost the pertussis protection. Pertussis is only available in a combined vaccine with tetanus (Tdap). To boost the protection for pertussis, Tdap will be required if it has been more than 5 years since your student has received a tetanus containing vaccine.

For help verifying your child's immunization status contact your private provider or Portage County Health Department at 715-345-5350.

SINGING BIRTHDAY GRAMS

A-B High School will deliver singing Happy Birthday Telegrams to your favorite Student/Staff member on their birthday! There are packages you may select from:

Option 1: (\$5.00) Happy Birthday balloon on party stick decorated with ribbons, birthday hat/noisemaker, card, and your choice of a chocolate rose or 4 tootsie pops.

Option 2: (\$10.00) Same as #1, but with addition of A-B stuffed eagle.

Option 3: (\$15.00) Decorated balloon, hat, noisemaker, card, rose or pops, beads and A-B stocking hat.

Bonus Extra \$1.00—we will include 3 strands of Mardi Gras beads in school colors.

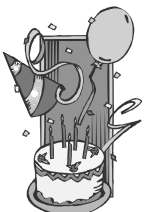
Bonus Extra \$3.00—4x6 Photograph of birthday student on professional photo paper.

Student Name: _____ Birthday: _____ Grade/Teacher: _____

Special Message: _____

OPTION 1 \$5.00 Rose Pops OPTION 2 \$10.00 Rose Pops OPTION 3 \$15.00 Rose Pops

Bonus Extra \$1.00 Bonus Extra \$3.00



Middle School Students Participate in Poster Contest for Science

The middle school science classes have been working on posters for the Wisconsin Land and Water Conservation Association poster contest. The theme of the contest was "Conservation Habits=Healthy Habitats". Students were to portray how humans can help wildlife and nature through actions in their own back yard, such as gardening for wildlife, bird feeding and housing, water gardens, rain barrels, wildlife ponds, etc.

Students will compete at the county level, regional, and state levels. There is potential for national recognition as well through the National Association of Conservation Districts. Stay tuned to find out which students had their posters sent to Portage County - we hope to have good news to share about this contest in the next newsletter!!!

Mrs. Mechenich
Mrs. Plaisance
Middle School Science Educators



VALUABLE INFORMATION AT NO COST!!!

We are pleased to offer the opportunity to communicate with a guest speaker about Autism, free of charge, to local schools, health professionals, law enforcement, EMTs, and community members on **October 6th from 7-9 p.m. in the Almond-Bancroft High School Auditorium**, located at 1336 Elm Street, Almond, WI 54909. **Harry Dolan will share informational stories and concepts for communicating with and caring for people with Autism.** His vast experience, which includes the parent perspective and emergency response techniques, will surely enlighten the audience and provide valuable insight. Mr. Dolan has spoken to a wide variety of audiences, including school faculty, police departments and fire departments who need to know how to identify and care for people with Autism during life's moments when key techniques may be life saving. Advertisements will be sent out in addition to this e-mail throughout September. **For information about this speaker contact Lisa Vann at 715-366-2941, Extension 310.**

"When you have a child with a disability, it may seem that you've been dropped in the middle of a whirlwind of information and buzzwords. You'll hear things such as inclusion, behavior modification, functional analysis, IDEA, IEP, due process, evaluation and sensory integration. There are lengthy federal regulations that need to be read and understood, and disability magazines filled with one view or another about controversial issues. Some of the decisions you'll need to make may come from areas where you don't feel adequately informed. Of these important decisions, many will be in the area of education. Educating children with autism is a challenge for both parents and teachers. These children are individuals first and foremost with unique strengths and weaknesses. Some may be of average to above-average intelligence, while others may be below average. Academic goals need to be tailored to that individual's intellectual ability and functioning level."

http://www.autism-society.org/site/PageServer?pagename=life_edu

ATTENTION ALL PARENTS

If your child is absent from school,
please call the Attendance Office at 366-2941
extension 108 before 9:00 a.m.





**Almond and Bancroft
Community
Trick or Treating Events**

Almond

Trick or Treating will be held on
Sunday, October 31st, from 4:00 to 7:00 P.M.
If you want children to stop at your home for
treats, please leave your outside light on.

The **Almond Lions Club** will hold a
Halloween party for pre-school through 5th grade
on **Friday, October 29th, from 7:00 to 8:00 P.M.**
in the **Almond School East Gym.**

Bancroft

Trick or Treating will be held on
Sunday, October 31, 2009
From 3:00 to 6:00 P.M.

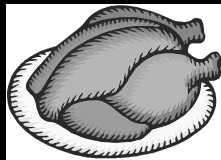
**MIDDLE SCHOOL
MAGAZINE SALE!**

The Almond-Bancroft Middle School is once
again holding the magazine sale fund raiser
through QSP, Inc.

**The sale will run from
September 20 to October 4th.**

If you would like to order magazines, please
contact any middle school student or you
may also contact Mrs. Plaisance at the school
at 715-366-2941 EXT 200.

If you have ordered from a student in the
past, please consider renewing any
subscriptions to magazines you already
receive. Thanks in advance for your
generosity and support of our middle school
programs. Funds raised will go toward
reward trips for middle school students for
the 2010-11 school year.



**CHARCOAL
CHICKEN DINNER**

Sponsored by the Class of 2013

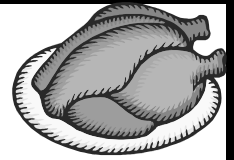
Sunday, October 24th

**11 a.m.- 1 p.m.
\$ 8.00**

**American Legion Hall, Almond
(Take Out Only)**

**Advanced ticket sales only. Sophomores will be selling tickets starting September 14th, 2010. Get your
ticket and enjoy! If you don't know a sophomore from the graduating class of 2013, please call Lisa
Vann Extension 310, Todd Knepfel Extension 319, or Andrew Bradley Extension 331 at 715-366-2941
for your tickets.**

Thank you for your support!



AUSENCIAS

Si su hijo(a) esta ausente usted es responsable de llamar la Escuela de
Almond Bancroft antes de las **9:00 a.m.** al 715-366-2941 Ext.: 311
y por favor deje un mensaje él por que no se presento
su hijo(a) a la escuela. Si usted lleva a su hijo(a) al doctor por favor
pídale al doctor una excusa escrita.



**October
Eagles Athletic
Events**



- 10/1-Varsity FB HOME vs Rosholt
7:00 pm
- 10/4-JV FB @ Rosholt 6:00 pm
- 10/5-HS VB @ Gresham 6:00 pm
MS VB @ St. Petes 4:30
- 10/7-MS FB @ Tri-County 4:30 pm
MS VB @ Iola 5:00 pm
- 10/8-Varsity FB @ Tri-County 7:00 pm
- 10/9-CWC VB Pool Play TBD
- 10/11-JV FB HOME vs Tri-County
6:00 pm
MS VB HOME vs Port Edwards
5:00 pm
- 10/12-CWC VB Pool Play Finals TBD
- 10/12-MS FB @ St. Petes 5:30 pm
- 10/14-MS VB @ Tri-County 5:00 pm
- 10/15-Varsity FB HOME vs
Bowler/Gresham 7:00 pm
- 10/18-JV FB @ Bowler/Gresham
6:00 pm
- 10/19-Varsity VB Regional TBD
- 10/21-NC Varsity FB @ Oakfield
7:00 pm
- 10/22-Varsity VB Regional TBD
- 10/23-Varsity VB Regional TBD
- 10/26-WIAA FB Playoff Game TBD

HOMECOMING TAILGATE

The **Senior Class** invites you to attend the homecoming tailgate party on **October 15th starting at 5:00 pm** by the football field concession stand.

Meals will include Brat or Hamburger with chips, soda or water and a choice of dessert for \$5.00. With a G2 is \$5.50. Hot Dog with chips soda or water and dessert for \$4.00. With a G2 is \$4.50.

Come join us, meet old friends and cheer for a victory over the Bowler/Gresham Cats.

EAGLES

"HAWAIIAN HOME COMING 2010"

October 11th-16th

Monday-Pajama Day

Tacky Tourist and Pie Eating

Tuesday-Beach Comber/Surfer Dude

Sandal Search and Slippery Banana

Wednesday-Scuba Day

Coconut Carry and Banana Feed

Thursday-Luau Day

Relay Race

Powder Puff Football-5:45pm Football Field

Pep Rally-7:30 West Gym

Friday-Spirit Day

Parade-3:00 pm

Senior Tailgate-5:00 pm Football Field

Football Game vs Bowler/Gresham 7:00 pm

Saturday-Dance

East Gym-8:00-11:30 pm Grand March-10:30 pm

Advanced Tickets \$15.00 couple-\$8.00 single

At the Door \$17.00 couple-\$10.00 single



Eagle Booster Club News

Time is running out to purchase tickets for The Eagle Booster Club raffle for 4 Packer tickets to the November 7th game against the Dallas Cowboys, as well as other cash prizes! The drawing will take place at halftime of the Homecoming Football game on October 15th. The Grand Prize is valued at over \$1,000 with luxury tickets, parking pass and \$100 in spending money. Raffle tickets are available at home football games or from any Eagle Booster Club member.

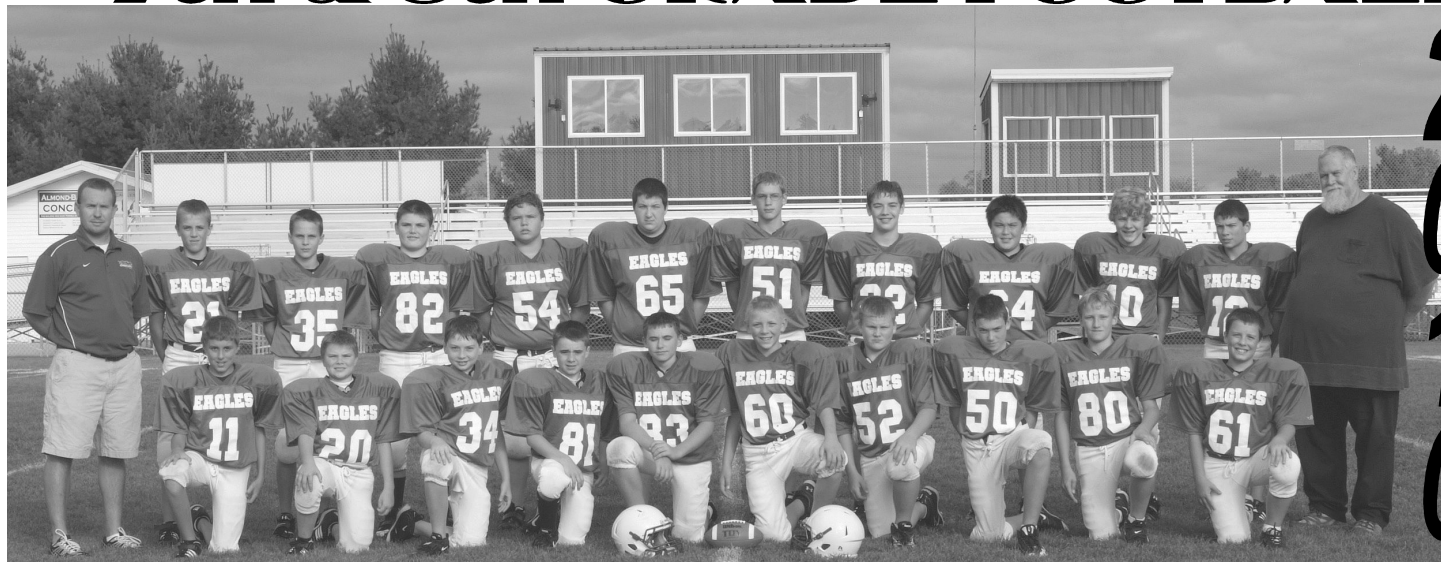
We are currently in need of new active members. As the demands of our school and its athletic activities grow, so does the need for help in the booster club. PLEASE consider joining our team! We meet the second Sunday of the month and even if you cannot make these meetings, we are always in need of volunteers for the projects we are involved with. Our annual membership is only \$3. So let us know if you are able to help on any level.

Again, we invite everyone to join the Eagle Booster Club in our efforts to provide our kids with the best equipment, facilities and experiences possible at Almond-Bancroft Schools.

Thank You from the Eagle Booster Club!

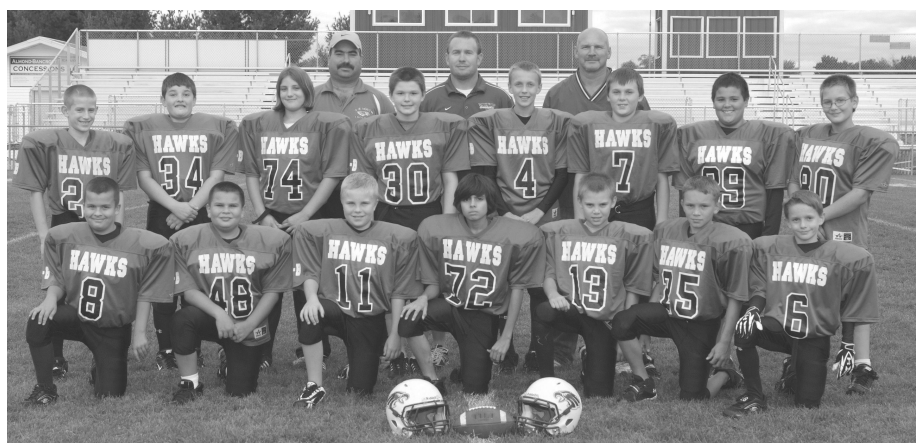
sport Light

7th & 8th GRADE FOOTBALL



Back Row (L to R): Coach Bunders, Allan Zinda, Austin Bunders, Garrett Yonke, Cole Warzynski, Jordan Kealiher, Jarod Cieslewcz, Jesse Hunkins, Taylor Evilisor-Seim, Reagan Anderson, Teagan Vezina, Coach Bennett, Front Row (L to R): Johl Turzinski, Kyle Warzynski, Nathaniel Disher, Kyle Merlia, Clayton Swan, James Johnston, Christian Noth, Matt Pierce, Dylan Heck, Joey Crahan Not Pictured: Manager, Christian Bloede and Javier Diaz-Barriga

Almond-Bancroft Hawks Youth Football



Pee Wee Team

Back Row (L to R): Coach Newby, Coach Bunders, Coach Baumgartner Middle: Carter Newby, Forest Laska, Cami Newby, Josh Schude, Dylan Bunders, Wyatt Richtmyre, Joseph Dorgan Jr, Joshawa Cieslewicz Front: Zach Clark, Jadon Solis, Alex Wiczek, Miguel Diaz-Barriga, Matt Helmrick, Derek Baumgartner, Zachary Bunders



Photos taken by
Lynn Hintz Photography.



JR Pee Wee Team

Back Row (LtoR): Coach Lukas, Coach Kollock Middle: Grant Burns, Zach Helmrick, Cade Lamb, Ryan Blokhuis, Edward Pena, Noah Kollock, Jon Perrin, Lee Goman Front: Alex Burns, Hannah Goman, Eugene Green, Joseph Carrizosa, Brandon Hartman, Matthew Lukas, Elijah Kollock, Chase Warzynski

Open Gym Hours

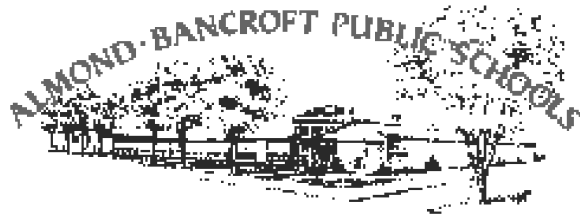
Sunday evenings starting at 7 p.m.
in the west gym.

If you have any questions
contact Scott Kollock at 335-6631.

Are you ready for some football.....



Jen Schomer
AmeriCorps Staff
Almond-Bancroft School District
715-366-2941 Ext#101
jschomer@abschools.k12.wi.us



What you need to know about the new AmeriCorps Member

Greetings, my name is Jen Schomer and I am this year's AmeriCorps Member for the Almond-Bancroft School District. From living in Stevens Point for the past nine years, I have heard many great things about Almond-Bancroft and I am excited to be working here. I have many ambitious plans for this year and am ready to jump in with both feet running.

First I would like to tell you a little about myself. I was born and raised in Marinette, WI. I graduated high school in 2001 and am proud to be a Marinette Marine. After high school I moved to Stevens Point to earn a teaching degree in Family and Consumer Science. I completed this degree in 2006 and went back a few months later to earn another teaching degree in Health, which I completed in 2007. I must love school so much that I am back

again, but this time to earn a Master's degree in Human and Community Resources from UWSP.

Before becoming employed as an AmeriCorps Member, I have held a variety of jobs. While in high school I worked in the kitchen of a nursing home. For the next seven years I worked at Copp's Food Center on Church Street doing too many things to even list. I also had a few second jobs while attending college such as UWSP Orientation Leader, and UWSP Ambassador—so basically I gave tours of the campus. The names just make me sound cool. In 2007 I started teaching at Adams-Friendship High School as a FACS teacher where I was also an advisor to a student organization, FCCLA. I have also done some work with the professional organization Wisconsin Family and

Consumer Educators (WFCE) as their CESA 5 representative and UWSP Liaison. In 2009 I earned the New Professional Award from WFCE for work in the organization as well as in the classroom.

Well enough about the past, I am very excited about the future. My goal for this school year is to continue the After Hours Center, adult education classes, and opportunities for volunteers. I would also like to create service learning and teen leadership opportunities for our high school students as well as meet the needs of the community. If you have any questions or comments please feel free to set up a time for us to meet. I am looking forward to working with Almond-Bancroft.

Goals for the school year with AmeriCorps

Jen Schomer has a few goals she would like to accomplish this school year.

1. Meet past and recruit new volunteers to help students, teachers, the school, and the community.
2. Organize a variety of teen leadership opportunities to allow high school students to shine and excel.
3. Continue the management of the After Hours
4. Tutoring Center and start a tutoring program to occur during the school day
4. Establish adult education courses for a variety of purposes, interests, and goals.

If you are interested in helping or have ideas for any of the four areas, please contact Jen through phone or email.

jschomer@abschools.k12.wi.us
or **715-366-2941 Ext#101**

Jen Schomer
Americorps Staff for Almond-
Bancroft School District
715-366-2941 Ext#101
jschomer@abschools.k12.wi.us



Dear Parents/Guardians of Potential Tutoring Students;

The school year has begun and it is time to start thinking about working towards a great school year. After Hours Center is an opportunity for your son/daughter to increase grades, put a focus on their unique strengths while improving possible weakness, treat one another in a respectful manner, and build confidence to improve their self image. Since this program was established to help your child, what better way than to start the program at the beginning of the school year. AHC will be held on Tuesday through Friday from 3:30-5:00 in the Secondary Library. The center will be open starting Tuesday September 21, 2010. Transportation will **not** be provided, arrangements must be made.

During the hour-and-an-half the center is open, more than half of the time will be spent in the library working on homework, catching up on missing assignments, completing their reading minutes, and finishing projects. However, this program is about much more than school work. Besides the classroom aspect of this program, the students will be given a chance to take part in creating relationships with student tutors, listen to guest speakers, learn new skills, and play games to expel their excess energy.

If you are interested in signing up your son/daughter for AHC, please pick up a contract and turn it in to the office or to room E101. For any questions or comments, please call me at 715-366-2941 Ext# 101 or I can be reached via email at jschomer@abschools.k12.wi.us. I look forward to working with you and your child during this school year.

There are a few dates in the first semester where we will **not** hold tutoring sessions, please mark your calendars accordingly. Those dates are:

Thursday, October 7
Thursday, November 4
Friday, November 5
Thursday, December 2
Friday, December 23
Thursday, January 6

Sincerely,

Jen Schomer
Americorps Staff for the Almond-Bancroft School District





Jen Schomer
AmeriCorps Staff for Almond-Bancroft
School District
715-366-2941 Ext#101
jschomer@abschools.k12.wi.us



AHC CONTRACT

Dear parents/guardians and student:

This contract is in place to serve the student, parents/guardians, and the school by allowing everyone to be on the same page with one another as the AHC Program starts a new year. Please read the contract thoroughly and sign the appropriate areas. Each signature symbolizes your acceptance to the program.

I, _____, agree that _____ will:
(Parent/Guardian) (Student)

- Attend the AHC Program regularly.
- Follow all school rules while in AHC, including no cell phones.
- Have the opportunity to listen to guest speakers, partake in educational activities, read to a therapy dog, and work with tutors.

I, _____ would like _____
(Parent/Guardian Signature) (Student Signature)
to be a part of these experiences.

In the area below, please provide contact information and any comments or suggestions you would like to make in regards to this program.

Contact Information:

Comments/Suggestions:

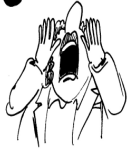
Please check the box below if you would be willing to volunteer in any of these areas:

- Tutoring
- Guest Speaking
- Teach an Adult Education Class
- Mentoring



Community News

Volunteers!



S.T.E.P. into action with Almond School's

The School Board approved the Senior Tax Employment Program (S.T.E.P.) for another year. This program allows people who are 62 years of age or older, are paying property taxes in the Almond-Bancroft School District, and receives Social Security to volunteer within the schools and earn money that would go towards property taxes.

Those who qualify for the program and are interested in the many volunteer opportunities the Almond-Bancroft district has to offer would earn \$7.00 an hour, and there is a cap of \$400.00 that can be earned. To be a part of this program, volunteers can apply with the District Office at 1336 Elm Street in

Almond, Wisconsin.

One opportunity is with Karin Mather, the Learning and Media Center's head librarian. Karin is seeking volunteers to help with **Reading is Fundamental**. A RIF volunteer helps pass out free books to students in October and December. Each book is a chance to bring a smile to a student's face.

If you have any questions or would like more information about how to apply or how to get involved, please contact Jen Schomer at 715-366-2941 Ext# 101. Or send an email to jschomer@abschools.k12.wi.us

Make A Difference Day

October 23, 2010

Almond-Bancroft is creating a team to participate in Make A Difference Day Rake-a-thon on Saturday, October 23 from 8 am-1 pm sponsored by United Way Volunteer Center and Emerging Leaders of Portage County. Last year a group of students raked leaves for a few elderly or disabled residents in Almond to clean up fall messes and get ready for winter.

If you own a rake, like to work hard, and love to volunteer then you are the right person for the job. A pancake breakfast will be provided for all volunteers at 8 am in the new gym foyer before heading out to rake. If interested please sign up with Jen Schomer (715-366-2941 Ext. 101 or jschomer@abschools.k12.wi.us) or visit www.volunteersrock.org under the Almond-Bancroft School District Agency to register before October 14, 2010.

If you would like to make a referral or put your yard on the Rake-a-thon-list please contact Jen Schomer at 715-366-2941 Ext# 101 or jschomer@abschools.k12.wi.us. Please provide names, addresses and phone number of the resident who could use this assistance. If making a referral, please make sure to check with that person first.

Participation is greatly appreciated. Lets make Make A Difference Day Rake-a-thon a huge success!



Come in a Costume
if you Wish!



Almond Boys & Girls Club

Fall Family Night

Wednesday, October 27th

5:00 PM-6:30 PM

Join the Club in celebrating the Fall Colors!
We will be carving/decorating pumpkins, painting faces,
decorating cookies, and enjoying some of our favorite
fall snacks!

Support the Jr. Staff's Bake Sale!





From The Desk Of Pat Leary, Food Service Director

Dear Parent(s),

The School year is well underway. We are off to a good start. Did you know that breakfast is the most important meal of your child's day? It provides the nutrients and energy he/she needs to concentrate in school. Research shows that kids who eat breakfast get better grades, pay more attention in class, and behave better. Help your youngster begin his day on the right foot. To help our students to get off to a good start we received a grant from the State for smoothie makers. Connie, our cook, has been working diligently making smoothies for our students. Everyday she has been selling out, she is trying hard to give everyone a chance to have a smoothie. We are up to 225 breakfasts served each day. Which is over half of our lunch count. That is great!

I also want you to know ...**Chocolate Milk is Strong—for Minds, Bodies and School Meals!** Muscles fueled with chocolate milk are muscles fueled with nutritious energy. Loaded with calcium, Vitamin D, protein and other essential nutrients* chocolate milk is a power-packed beverage that kids love to drink. **Did you know that when chocolate milk is not offered at school, kids miss out on nutrition? Studies show that when chocolate milk is not an option in the school meal line, many kids don't drink any milk at all.** That means they completely miss out on essential nutrients they need to think, learn and grow. Replacing these nutrients with other foods and beverages commonly served in schools just isn't practical. Not only does it cost more, it actually adds more calories and more fat.

Remember, breakfast, lunch, and milk (chocolate or white) is fuel for our bodies. We need this to stay healthy and strong.

National School Lunch Week is October 11-15th! Celebrate by eating a nutritious lunch at Almond-Bancroft!

"This institution is an equal opportunity provider"

ASK THE EXPERT

By: Robert M. Haws, M.D.

Pediatric Nephrologist

Marshfield Clinic Centers

Q Should I be concerned about high blood pressure in my child?

A Absolutely. We are seeing a substantial increase in children with hypertension, or high blood pressure. Here's why you should be concerned: Short-term, hypertension in children reduces their ability to concentrate in school, affecting their test scores. Long-term, high blood pressure puts them at risk for deadly complications such as stroke, heart attack and kidney damage.

This represents an epidemic of a silent killer. We are unknowingly imposing this on our children by allowing them to lead sedentary lifestyles of watching TV and playing video games, and eating a diet high in sodium and fats. It's truly sad to see so many obese children in our midst.

When I started practicing medicine in the early 1990s, about 1 percent of children had persistent hypertension, and these cases were usually associated with chronic disease. Now, 5 to 6 percent of children have hypertension, as do an alarming 20 percent of children who are obese. I see children as young as age 5 to 6 already suffering heart damage and other complications mainly because of high blood pressure.

Why is this happening? Too often, parents let their own unhealthy lifestyles become ingrained in their children, with disastrous results. When we plop ourselves down in front of the tube, throw a frozen pizza in the oven for dinner and drive a few blocks to the store rather than walking, we send a message that this is acceptable behavior. Young children observe and follow our lead. We need to think hard about the examples we are setting.

Fortunately, we can take positive steps to turn this grave situation around. Start by taking your children for walks and encouraging them to run around, ride a bike, play basketball or other activities to get their hearts beating a little faster. Put limits on TV and video game time and explain why you're doing so. Next, rediscover the true delights of fresh fruits and vegetables. Have an orange or banana instead of a candy bar or bag of chips. Drink water instead of soda. Take a few extra minutes to prepare a home-cooked meal instead of the microwave variety, and savor the difference.

These kinds of lifestyle changes may not be easy at first, but they will pay dividends for you - and your children

Almond-Bancroft Menus, October 2010

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cereal, Muffin, Juice
4 Breakfast Bar, Juice	5 Blue Box Breakfast	6 Gold Fish Breakfast Bar, Juice	7 Egg Taco, Juice	8 Cinnamon Roll, Juice
11 French Toast Sticks, Juice	12 Oatmeal, Toast, Juice	13 Blue Box Breakfast	14 Breakfast Bagel, Juice	15 Cereal, Muffin, Juice
18 Cereal, Muffin, Juice	19 Pancake Sausage Wrap, Juice	20 Egg Omelet, Toast, Juice	21 Cereal, Toast, Juice	22 Yogurt, Bagel, Juice
25 Breakfast Bar, Juice	26 Blue Box Breakfast	27 French Toast Sticks, Juice	28 NO SCHOOL	29 NO SCHOOL

Morning Milk

\$11.25 Per
Quarter

Milk Served
With Every
Meal

Breakfast Prices:

Reduced – No Charge

4K (M-W) - 8 days @ 1.00 = \$8.00

4K (T-TH) – 7 days @ 1.00 = \$7.00

K-12th grade – 19 days @ 1.00 = \$19.00

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Stir Fry, Rice, Fruit, Dessert
4 Pepperoni Pizza, Garden Bar, Fruit	5 Salisbury Steak, Buttered Noodles, Vegetables, Fruit, Bread	6 Chicken Pattie, Tater Barrels, Vegetable, Fruit, Dessert	7 Pork Roast, Mashed Potatoes, Gravy, Vegetables, Fruit, Bread	8 Hamburger, Oven Potatoes, Vegetable, Fruit
11 Beefy Nachos, Corn, Fruit	12 Chicken & Gravy, Mashed Potatoes, Vegetable, Fruit, Bread, Dessert	13 Grilled Cheese, Tomato Soup, Veggies & Dip, Fruit	14 Pancakes, Sausage, Hash Browns, Fruit	15 Chicken Nuggets, French Fries, Vegetable, Fruit, Jell-O
18 Cheese Fries, Garden Bar, Fruit	19 Frito Chili, Veggies & Dip, Fruit, Dessert	20 Chicken Quesadilla, Vegetable, Fruit	21 Cheeseburger Mac Hot Dish, Vegetable, Fruit, Dessert	22 Tacos, Corn, Fruit
25 Hot Dog, French Fries, Vegetable, Fruit	26 Baked Potato Bar, Fruit	27 Chicken Fajita, Vegetable, Fruit	28 No School	29 No School

Lunch Prices:

4K Reduced (M-W) – 8 days @ .40 = \$3.20

4K Reduced (T-TH) 7 days @ .40 = \$2.80

4K (M-W) – 8 days @ 1.60 = \$12.80

4K (T-TH) 7 days @ 1.60 = \$11.20

K-12th grade Reduced – 19 days @ .40 = \$7.60

K-5th grade – 19 days @ 1.60 = \$30.40

6th – 12th grade – 19 days @ 1.85 = \$35.15

**Collect These Items
And Help Support Almond-Bancroft School Programs**

MY COKE REWARDS FOR SCHOOLS

The My Coke Rewards for Schools program refreshes our long-lasting commitment to education by giving today's students what they need. Together we can help students learn and grow by turning My Coke Rewards points into rewards for accredited schools grades K-12, providing playground equipment, art supplies, sports gear, educational resources and much more. You can help Almond-Bancroft earn by collecting points from codes found on participating Coca-Cola products. Go to www.mycokerewards.com/schools to donate points to Almond-Bancroft Schools.

Help us earn play equipment for the Bancroft School

The Bancroft School is collecting Campbell soup labels to be redeemed for equipment for the school: computer games, play ground toys and/or manipulatives.

However, the rules for turning them in have changed. They no longer want the whole front of the label. They only want to UPC symbol. In fact, we will only be able to submit the UPC symbols from now on.

Thank you,
The Bancroft Staff



TAKE CHARGE OF EDUCATION

Apply for the Tagret RED card or if you already have one go to target.com and designate Almond-Bancroft as your school and Target will donate up to one 1% of your RED card purchases to Almond-Bancroft Schools.

BOX TOPS FOR EDUCATION

Start collecting Box Tops! Look for the 10 cent Box Tops coupon on hundreds of products. You can find BoxTops on brands such as Cheerios, Betty Crocker, Pillsbury, Ziploc, Kleenex, Hefty and more. To see all participating products containing the Box Tops coupon go to www.boxtops4education.com.



Junior Class Aluminum Can Collection & Drop Off Points

Drop-off points for donated aluminum cans are in Bancroft at Schmidt Metals and in Almond behind the school.

The Junior class greatly appreciates your aluminum can donations!

**Money For Music
Vote For Almond-Bancroft!**

WDEZ (101.9 FM) radio station is offering an exciting promotion for local school music programs. Each school in our area is competing to get the most votes at **WDEZ.com**, and the top 3 schools will be awarded a share of the \$10,000 prize. Please help by voting once a day for Almond-Bancroft and ask you family and friends to do the same.

The website also outlines ways to earn bonus points towards the competition:

- Listen for bonus point songs on the radio-WDEZ (101.9)
- Attend live broadcasts at "Today's Great Country: 101.9"
- Create and submit a video that showcases our school

Contact Mary Schmidt with any questions.
mshmidt@abschools.k12.wi.us
715.366.2941 ext. 326

THANK YOU FROM PIE

Thank you to **Brenda Newby** of Premier Overhead Doors for the monetary donation to help cover the cost of unpaid legacy wall tiles and for the donation of a welcome back banner and display board used at open house.

It is greatly appreciated!

THANK YOU GOLDEN NEEDLE QUILTERS

Lynne Dernbach received a \$100 from the Golden Needle Quilters club. The donation will be put to good use in the textiles class. Thank you, your generosity is appreciated!



Almond-Bancroft School
1336 Elm St
Almond, WI 54909

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"PRSR TD." "ECRWSS"